

PHOENIX HOSPITAL CHELMSFORD

part of Phoenix Hospital Group

Consultant Directory

2024



Phoenix Hospital Chelmsford
rated 'Good' by CQC



We ensure our patients feel 100% reassured, special and unique at every stage.



01245 801234



www.phoenixhospitalgroup.com

Fast-access to specialist consultants

Simply forward a private or insured referral letter to our designated email address at phcgp@phoenixhospitalgroup.com.

In the interim, feel free to reach out to us directly at 01245 801234. Consultations and diagnostic tests are typically accessible within 72 hours or sooner if necessary. Patients also have the option to await a referral to a designated consultant of their choice.

Self-Funding Patients

If your patient is looking for a diagnosis or treatment and do not want to wait, all of our private healthcare services - from private GP appointments through to surgery and aftercare - can be paid for as and when your patient needs them.

Patients with Private Medical Insurance

Phoenix Hospital Group collaborates with all major insurance companies, including:



Financing Service

We have the facility to offer your patients a payment plan. For more info, please call 01245 801234.

Specialties

We are proud to offer the below clinics:

-  **Cardiology**
-  **Cosmetics & Plastic Surgery**
-  **Dermatology**
-  **Diagnostics and Imaging**
-  **Ear, Nose and Throat (ENT)**
-  **Gastroenterology**
-  **General Surgery**
-  **Gynaecology & Obstetrics**
-  **Health Screening**
-  **MOHS Surgery for Skin Cancer**
-  **Orthopaedics & Sports Medicine**
-  **Pain Management**
-  **Pathology and Histology**
-  **Paediatrics**
-  **Physiotherapy**
-  **Plastic and Cosmetic**
-  **Rheumatology**
-  **Urology**
-  **Vascular**

We are very proud to be awarded with a 'Good' rating from the Care Quality Commission:



Directory Of Services

Cardiology

- ✓ Blood Pressure Monitoring
- ✓ ECG
- ✓ ECHO Cardiogram
- ✓ Holter Monitoring 24hrs
- ✓ One Simple Blood Test

Dermatology

- ✓ Acne
- ✓ Eczema
- ✓ Facial Cancers
- ✓ Hair & Nail Disorders
- ✓ MOHS Surgery For Skin Cancer*
- ✓ Skin Infections
- ✓ Undiagnosed Skin Rashes

Ear, Nose & Throat (ENT)

- ✓ Ear Micro Suction
- ✓ Nasal & Sinus Endoscopy
- ✓ Nasal Cautery
- ✓ Polyps
- ✓ Surgical Services

Foot & Ankle

- ✓ Achilles Tendon Injuries
- ✓ Ankle Injuries
- ✓ Arthritis
- ✓ Bunions
- ✓ Deformed Toes
- ✓ Heel Pain
- ✓ Osteoarthritis
- ✓ Plantar Fasciitis
- ✓ Podiatry
- ✓ Steroid Injections



General Surgery

- ✓ Abscess Incision And Drainage
- ✓ Appendicectomy
- ✓ Dyspepsia /Abdominal Pain Service
- ✓ Haemorrhoids
- ✓ IBS Service
- ✓ Inguinal Hernia Repair
- ✓ Rectal Bleeding Service
- ✓ Reflux Service
- ✓ Sports Hernias
- ✓ Swallowing Service
- ✓ Umbilical Hernia Repair

Gynaecology

- ✓ Abnormal Smear Tests
- ✓ Bleeding after Menopause
- ✓ Bulkamid - Treatment
- ✓ Early Pregnancy Bleeding
- ✓ Endometriosis
- ✓ Fibroids (*Not For Surgery*)
- ✓ Heavy Periods
- ✓ Ovarian Cysts
- ✓ PCOS
- ✓ Pelvic Pain
- ✓ Polyps
- ✓ Prolapse & Pelvic Floor Problems
- ✓ Recurrent Miscarriages
- ✓ Vulva Pain

Hand & Wrist

- ✓ Dupuytren's Disease
- ✓ Ganglion Cyst
- ✓ Hand & Wrist Trauma
- ✓ Ligament And Tendon Disorders
- ✓ Osteoarthritis
- ✓ Rheumatoid Arthritis
- ✓ Trigger Finger
- ✓ Trigger Thumb

Hand & Wrist (*cont'd*)

- ✓ Base of Thumb Arthritis
- ✓ Carpal Tunnel Syndrome
- ✓ De Quervain's Tenosynovitis

Health Screening

- ✓ Bespoke Health Screening
- ✓ Employee Health Screening
- ✓ Full Health Blood Tests
- ✓ Heart Check Up
- ✓ Well Man/Woman Checks

Pain Management

- ✓ Back Pain
- ✓ Cervical Or Neck Pain
- ✓ Complex Regional Pain
- ✓ Fibromalgia
- ✓ Lower Back Pain
- ✓ Myofascial Pain Syndrome
- ✓ Nerve Pain
- ✓ Neuropathic Pain Treatment
- ✓ Phantom Sensations
- ✓ Scar Pain
- ✓ Thoracic Back Pain
- ✓ Qutenza Patches

Pathology & Histology

We can collect your bloods for a rapid-turnaround service. For more info, call us on 01245 801234

- ✓ Biochemistry
- ✓ Endocrinology
- ✓ Haematology
- ✓ Hepatitis & HIV
- ✓ Microbiology
- ✓ Virology

Pathology & Histology (*cont'd*)

- ✓ Allergies
- ✓ Andrology
- ✓ Cervical Screening
- ✓ Fertility
- ✓ Genetics
- ✓ Heart Health
- ✓ Histopathology
- ✓ Occupational Health
- ✓ Sexual Health
- ✓ Vitamins & Nutrition

Paediatrics

- ✓ Dermatology ENT
- ✓ Diabetes & Endocrinology
- ✓ Gastroenterology
- ✓ General Paediatrics
- ✓ Haematology & Allergies
- ✓ Oral & Maxillofacial
- ✓ Orthopaedics
- ✓ Rheumatology & Neonates

Plastic & Cosmetic Surgery

- ✓ Abdominoplasty
- ✓ Breast Augmentation
- ✓ Breast Implant Removal/Replacement
- ✓ Breast Reduction
- ✓ Breast Uplift
- ✓ Brow Lift
- ✓ Cosmetic Gynaecology
- ✓ Face & Neck Lift
- ✓ Fat Transfer
- ✓ Liposuction
- ✓ Morpheus 8
- ✓ Pinnaplasty
- ✓ Post-Pregnancy Packages
- ✓ Rhinoplasty
- ✓ Upper & Lower Blepharoplasty

Physiotherapy

Specialist Physiotherapists on site

Rheumatology

Diagnosis and Management of:

- ✓ Inflammation in the Bones
- ✓ Inflammation in the Joints
- ✓ Inflammation in the Internal Organs
- ✓ Inflammation in the Muscles

Urology

- ✓ BPH (*Benign Prostatic Hyperplasia*)
- ✓ Bulkamid
- ✓ Over-Active Bladder
- ✓ Urinary Incontinence
- ✓ Uro-Gynae

Vascular





- ✓ AAA Screening
- ✓ Deep Vein Thrombosis
- ✓ Microsclerotherapy
- ✓ Thread Vein Foam Sclerotherapy
- ✓ Varicose Vein Surgery
- ✓ Varicose Vein Laser Surgery
- ✓ Vein Avulsion

Gynaecology

- ✓ Abnormal Cervical Smears
- ✓ Bulkamid
- ✓ Contraception
- ✓ Endometriosis and Pelvic Pain
- ✓ Fertility
- ✓ General Gynaecological Conditions
- ✓ Irregular Bleeding
- ✓ Ovarian Cancer
- ✓ Ovarian Cysts
- ✓ Painful Intercourse
- ✓ Vulval Disorders

Diagnostics

Private MRI:

-  Bones and Joints
-  Brain and Spinal Cord
-  Head
-  Internal Organs

Private Ultrasound:

-  General
-  Gynaecology
-  MSK
-  Vascular

To refer a patient please visit
[www.phoenixhospitalgroup.com/
imaging-request-form](http://www.phoenixhospitalgroup.com/imaging-request-form)



Pathology Services

Phoenix Pathology is part of Phoenix Hospital Group, we can provide a comprehensive diagnostic service offering routine and specialised tests in all disciplines.

The laboratory is scientifically led and equipped with the latest analysers, allowing us to provide accurate and fast results. All tests provided are enrolled in internationally recognised quality schemes.

For more information or you wish to have a contract with us and to request a regular sample pick-up at your practice, speak to Jo Taylor-Clancy on 01245 801234.

Together with UKAS accredited laboratory partners, we provide a comprehensive diagnostic service offering routine and specialised blood tests in the disciplines listed to the right:

“We ensure our patients feel 100% reassured, special and unique at every stage”

We can collect your bloods for a rapid turn-around service.

- ✓ Allergy
- ✓ Andrology
- ✓ Biochemistry
- ✓ Cervical Screening
- ✓ Drugs of Abuse & Occupational Health
- ✓ Endocrinology
- ✓ Fertility
- ✓ Genetics
- ✓ Haematology
- ✓ Histopathology*
- ✓ Immunology & Tropical Immunology
- ✓ Microbiology
- ✓ Sexual Health
- ✓ Tumour Markers
- ✓ Virology, Hepatitis and HIV
- ✓ Vitamins & Nutrition

*We also offer a fast turn-around service for Histopathology with MDT if required.

Directory Of Consultants

C

Cardiology

Dr Henry Oluwasefunmi Savage

Inflamatory Skin Conditions; Acne, Allergy, Skin Problems, Eczema/Dermatitis, Excessive Sweating.

Clinic: Thursdays

D

Dermatology

Dr Lathika Wickramasinghe

Dermatological & Mohs Micrographic Surgery, Skin Cancer Lesions, Benign Skin Lesions, Acne.

Clinic: Tuesdays

Dr Omair Hameed

Consultant Dermatologist & Mohs. Micrographic Surgeon.

Clinic: Tuesdays & Fridays

Dr Jack Mann

Consultant Dermatologist and Mohs. Micrographic Surgeon.

Clinic: Weekly

Dr Catriona Sinclair

General And Medical Dermatology, Complex Eczema And Psoriasis, Vulval Dermatology, Skin Cancer.

Clinic: Thursdays

Dr Fatima Awdeh

Psoriasis, Eczema, Skin Allergies, Skin Lesions, Skin Surgery, Skin Cancer, Mole Removal & Mapping, Rosacea, Inflammatory Skin Diseases, Vulval Dermatology, Paediatric Dermatology.

Clinic: Fridays

E

Ear, Nose & Throat

Mr Amro Hassan

Sinus Surgery & Nose Specialist.

Clinic: On Request

Mr Ahmed Eweiss

Nose & Sinus Surgery, Nasal Blockage Surgery, Nasal Reshaping Surgery (Rhinoplasty).

Clinic: Fridays

Mr Martyn Barnes

Surgery for Sinonasal Disease, resolving Nasal Airway Obstruction and addressing Disorders of the Tear Ducts.

Clinic: On Request

Mr Aaron Trinidad

Sinus Surgery & Nose Specialist.

Clinic: ADHOC

Ms Elina Kiverniti

Otology (all major types), Rhinology (Septoplasty, Sinus Surgery, Turbinate Surgery), Paediatric ENT, Laryngology.

Clinic: On Request

G

Gastroenterology

Mr Phillip Woodland

Gastro-Oesophageal Reflux Disease (Heartburn), Swallowing Disorders, Dyspepsia, IBS & UBD.

Clinic: Wednesdays

General surgery

Mr Tan Arulampalam

Colorectal Surgery, Hernia Surgery, Haemorrhoids, VAAFT.

Clinic: On Request

Gynaecology

Mrs Neerja Gupta

Endometriosis, General Gynaecology, Heavy/Abnormal Menstrual Bleeding, Hysteroscopic & Laparoscopic Procedures (Keyhole), Open Surgery (Laparotomy), Hysterectomy Pelvic Pain, Ovarian Cysts, Menopause, Pelvic Wall Prolapse, Recurrent Miscarriages, Ultrasound Scan for Early Pregnancy & Gynaecological Problems.

Clinic: Wednesdays

Mr Jitendra Gaunath Jadhav

Gynaecologist & Fertility Specialist, Menstrual Disorders, Heavy Menstrual Bleeding, Menorrhagia, Postmenopausal Bleeding, Multiple Miscarriage, Polycystic Ovaries, Endometriosis, Ovarian Cysts, Prolapse, Endometrial Polyps, Pelvic Pain, Infertility, Assisted Conception (Ovulation Induction), Fertility & Early Pregnancy.

Clinic: ADHOC

Ms Sujatha Kalburgi

General Obstetrics & Gynaecology Endometriosis, Menstrual Disorders, Outpatient Hysteroscopy, Pelvic Pain.

Clinic: Fridays

Mrs Rahat Khan

General Obstetrics & Gynaecology Endometriosis, Menstrual Disorders, Outpatient Hysteroscopy, Pelvic Pain.

Clinic: Wednesdays

Mr Philip Robarts

Sub-Fertility, Menstrual Disorders (Menorrhagia), Prolapse & Urogynaecology, Menopause Problems, Laparoscopic & Hysteroscopic Surgery.

Clinic: Alternate Wednesdays

O

Orthopaedics & Sports Medicine

Mr Ewan Kannegieter

Bunion Surgery, Hallux Rigidus, Corrective Toe Surgery, Diabetic Limb, Salvage/Reviews, Rheumatoid Foot, Reconstruction, Foot Arthritis, HyProCure Procedure, Morton's Neuroma, Ingrowing Toenails, Soft Tissue Lumps & Bumps, Plantar Fasciitis, Achilles Tendinopathy, Biomechanics/Gait Analysis/Orthotics.

Clinic: Mondays

Mr Rohit Gupta

Hand & Wrist Disorders, Carpal Tunnel Syndrome, Trigger Finger, Trigger Thumb, Dupuytren's Disease, Osteoarthritis, Wrist Surgery, Wrist Pain, Shoulder Disorders, Elbow Disorders.

Clinic: Mondays

Mr Ashok Acharya

Consultant Orthopaedic Surgeon who specialises in; Foot & Ankle Surgery, Ankle Arthroscopy, Morton's Neuroma Excision, Bunion Removal & Treatment, Ganglion Removal Surgery, Joint Manipulation Treatment, Joint Pain Treatment (Joint Injections)

Clinic: ADHOC

Mr Saket Tibrewal

Lower limb. Surgical and Non-Surgical.

Clinic: ADHOC

Mr Makarand Tare

Hand & Wrist Complaints. Surgical & Non-Surgical.

Clinic: ADHOC

Ms Rupinder Grewal

Surgery for the Hand, Wrist, Elbow Foot & Ankle.

Clinic: ADHOC

Orthopaedics & Sports Medicine *(cont'd)*

Ms Ravinder Kuzhupilly Ranjith

Arthroscopy, ACL Reconstruction, Meniscal Repair, Cartilage Regeneration Techniques.

Clinic: Mondays

Mr Pranai Buddha

Consultant Paediatric Orthopaedic Surgeon.

Clinic: Thursdays

Professor Kevin Cheah

Arthroscopic Knee & Ankle Surgery, Knee Instabilities; ACL & MPFL Reconstruction

Clinic: On Request

P

Paediatrics

Dr Shahida Ahmed

Diabetes & Endocrinology.

Clinic: On Request

Dr Aashish Gupta

Rheumatology & Neonates.

Clinic: On Request

Dr Kiali Ominu-Evbota

Allergies.

Clinic: On Request

Mr Himandri Charaborty

Gastroenterology.

Clinic: On Request

Mr Kanadasamy Ganesan

Oral & Maxillofacial.

Clinic: On Request

Mr Vyomesh Bhatt

Oral & Maxillofacial.

Clinic: On Request

Paediatrics *(cont'd)*

Dr Fatima Adweh

Dermatology.

Clinic: Fridays

Dr Elina Kiverniti

Ear, Nose & Throat (ENT).

Clinic: Mondays

Pain Management

Mr Shaishav Bhagat

Spinal Injections.

Clinic: On Request

Mr Chatenya Chauhan

Minor Hand Surgery inc. Carpal Tunnel, Release Trigger, Finger Release, Injection into Major Joints & Tendons with Steroid, Hyaluronic Acid or PRP.

Clinic: Fridays

Professor Kevin Cheah

Pain management consultant PRP injections.

Clinic: ADHOC

Dr Victor Mendis

Back Pain, Neck Pain, Shoulder Pain, Fibromyalgia, Migraine, Interventional Pain, Neuropathic Pain, Cancer Pain.

Clinic: Mondays

Plastics & Cosmetics

Mr Fateh Ahmad

Facial Plastic Surgery; Eyelid Surgery, Rhinoplasty, Facelift, Prominent Ear Surgery. Cosmetic Breast Surgery; Breast Augmentation/Reduction & Lift Body Contouring; Abdominoplasty, Liposuction, Thigh Lift, Arm Lift, Skin Lesions, Skin Cancer, Mole/Skin Tags/ Cyst Removal, Non-Surgical Facial Rejuvenation

Clinic: On Request

Plastics & Cosmetics *(cont'd)*

Mr Nigel Carver

Abdominoplasty, Breast Uplift, Breast Reduction, Eyelid Correction, Facelifts, Inner Thigh Reduction, Liposuction, Labiaplasty, Prominent Ear Correction, Rhinoplasty, Upper Arm Reduction.

Clinic: Fridays

Mr Naguib El-Muttardi

Specialises in Melanoma & Skin Cancer

Clinic: Fortnightly

Mr Jonathan Britto

Consultant Plastic & Aesthetic Surgeon of Upper & Lower Blepharoplasty (Eyelids).

Clinic: Fortnightly

Mr Garrick Georgeu

All plastics inc. Breast, Abdomen, Body Contouring, Facelift, Eyelid Surgery, Rhinoplasty.

Clinic: Alternate Weeks

Mr Matthew Griffiths

Plastic Surgery, Breast Reconstruction, Lymphoedema surgery.

Clinic: Fortnightly

Mr Adam Sierakowski

Cosmetic Breast Surgery, Body Contouring, Surgery after Weight Loss, Anti-Wrinkle Injections, Cosmetic Mole Removal, Skin Cancer Surgery, Hand Surgery, Reconstructive Surgery.

Clinic: Alternate Weeks

Mr Mark Gittos

Consultant Plastic Surgeon.

Clinic: On Request

Mr William Van Niekerk

Consultant Plastic Surgeon.

Clinic: On Request

R

Radiologists

Mr Nikolas Sanudos

Vascular Scientist specialising in Vascular Ultrasound & AAA screening.

Clinic: Most Weekdays

Mr Ed Twimasi

Specialises in General Radiology, Gynaecology & Musculoskeletal Radiology.

Clinic: Fridays

Mrs Kate Townrow

Specialises in Ultrasound Investigations for; Gynaecology, Urinary Tract, Abdominal & Aorta.

Clinic: Mondays

Dr Harish Nagraj

Musculoskeletal Radiographer, Ultrasound Examination, Guided Injection & Aspiration.

Clinic: Wednesday

Rheumatology

Dr Winwin Maw

Various Rheumatological Conditions inc; Rheumatoid Arthritis & Connective Tissue Disease

Clinic: Wednesdays

S

Specialists

Rachel Dodgson

Physiotherapist specialising in Back & Foot Pain.

Clinic: Weekly

Specialists (cont'd)

Alex Marassca

Hand Physiotherapist.

Clinic: Thursdays

U

Urology

Mr Keng Ng

Bulkamid, Female Urology,
Urinary Incontinence &
Urodynamic, Kidney Stones,
Endourology, Prostate Disease.

Clinic: ADHOC

V

Vascular

Mr John Prionidis

Varicose Veins, Minimally
Invasive (Keyhole) Surgery,
Lower Limb Revascularisation,
Carotid Artery Disease,
Abdominal Aortic Aneurysm
Repair, Diabetic Foot.

Clinic: Mondays

Useful Contacts

GP Referrals:

✉ phcgp@phoenixhospitalgroup.com

Main Number:

☎ 01245 801234

Markering & Relationship Manager:

Jo Taylor-Clancy

✉ jo.taylor@phoenixhospitalgroup.com

Hospital Director:

Natasha Browne

✉ natasha.browne@phoenixhospitalgroup.com

Address:



Essex Healthcare Park, West Hanningfield
Road, Great Baddow, Chelmsford, CM2 8FR



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Please scan the QR
code or visit: [www.
phoenixhospitalgroup.com/
healthcare-professionals](http://www.phoenixhospitalgroup.com/healthcare-professionals)

