



PHOENIX HOSPITAL CHELMSFORD

part of Phoenix Hospital Group



## Who are we?

Phoenix Hospital Chelmsford is a boutique private hospital based in the Essex Healthcare Park in Great Baddow, Chelmsford. We offer a wide range of high quality diagnostic, medical and surgical procedures. We aim to meet the needs of patients that are located in Chelmsford and surrounding areas.

All specialists at Phoenix Hospital Chelmsford are independently vetted and adhere to strict governance requirements including GMC registration, specialist training and appraisals to ensure patient safety.

Phoenix Hospital Chelmsford is part of the Phoenix Hospital Group (PHG) a growing independent private healthcare provider based in the medical precinct of Harley Street.

We welcome insured, self-funding and guaranteed patients. We offer fixed price packages and finance options.

## Why choose us?

We provide fast access to all the specialties listed below. We work with all major insurance companies and self-pay patients

## **Specialties**

- Cardiology
- Dermatology
- · Diagnostics and Imaging
- Ear, Nose and Throat (ENT)
- Hand and Wrist
- · Foot and Ankle
- Gastroenterology
- General Surgery
- Gynaecology and Obstetrics
- Health Screening
- Pain Management
- · Pathology and Histology
- Physiotherapy
- Plastic and Cosmetic Surgery
- Rheumatology
- Urology
- Vascular



Inspected and rated

Good



## **Fast-access to specialist consultants**

Simply send a private or insured referral letter to our dedicated email: phcgp@phoenixhospitalgroup.com.

In the meantime you or your patient can contact us directly on 01245 801234. Consultations and diagnostic tests are usually available with 72 hours or sooner if required. However patients may choose to wait for a referral to a specific named consultant.

## Cardiology

- Holter monitoring 24/48/72 hours
- ECG
- ECHO cardiogram
- Blood pressure monitoring
- · One simple blood test

### **Dermatology**

- Acne
- Eczema
- Undiagnosed skin rashes
- Hair & Nail disorders
- Facial cancers
- Skin infections
- MOHS

## **Diagnostics and Imaging**

- Illtracound
- General scans
- Pathology walk in service available
- Histology rapid turnaround

Direct referrals accepted

## **Ear, Nose and Throat (ENT)**

- Ear Micro suction
- Grommet insertion (adults)
- Nasal & sinus endoscopy
- Nasal cautery
- Audiometry
- Surgical services

### **Foot and Ankle**

- Bunions
- Achilles tendon injuries
- Arthritis
- Heel pain
- Osteoarthritis
- Ankle injuries
- Deformed toes
- Podiatry
- Steroid injections
- Plantar fasciitis

## **General Surgery**

- Abscess incision and drainage
- Appendicectomy
- Umbilical hernia repair
- Sports hernias
- Inguinal hernia repair
- Swallowing service
- Dyspepsia /Abdominal pain service
- Reflux service
- IBS service
- Rectal bleeding service

## **Gynaecology**

- Abnormal smear tests
- Heavy periods
- Early pregnancy bleeding
- Bleeding after menopause
- Endometriosis
- Polyps
- Fibroids (not for surgery)
- Ovarian cysts
- PCOS
- Vulva pain
- Pelvic pain
- Prolapse and pelvic floor problems
- Recurrent miscarriages
- Bulkamid Uro-Gynae

### **Hand and Wrist**

- Hand and Wrist trauma
- Trigger thumb
- Trigger finger
- Dupuytren's disease
- Ligament and tendon disorders
- Osteoarthritis
- Ganglion cyst
- Rheumatoid arthritis
- Base of thumb arthritis
- Carpal tunnel syndrome
   Carpal tunnel syndrome
- De Quervain's Tenosynovitis

## **Health Screening**

- Heart check up
- Employee health screening
- · Full health blood tests
- Bespoke health screening
- Bowel cancer screening
- Menopause

## **Pain Management**

- Back pain
- Nerve pain
- Complex regional pain
- Myofascial pain syndrome
- Cervical or Neck pain
- Thoracic back pain
- Lower back pain
- Phantom sensations
- Scar pain
- Neuropathic pain treatment
- Fibromalgia
- Qutenza patches

## **Pathology and Histology**

Rapid service available with MDT

- Haematology
- Biochemistry
- Microbiology
- Endocrinology
- Virology
- Hepatitis and HIV
- Genetics
- · Vitamins and Nutrition
- Cervical Screening
- Fertility
- Andrology
- Sexual Health
- Tumour Markers
- Allergy
- Occupational Health
- Heart Health
- Histopathology

\*We can collect your bloods for a rapid-turnaround service for more information speak to Jo Taylor-Clancy

## **Plastic and Cosmetic Surgery**

- Breast augmentation
- Breast Uplift
- Breast reduction
- Breast implant removal/replacement
- Rhinoplasty
- Cosmetic gynaecology
- Liposuction
- Post-pregnancy packages
- Face and Neck lift
- Brow lift
- Upper and Lower Blepharoplasty (eyelid surgery)
- Pinnaplasty
- Fat transfer
- Abdominoplastv
- Morpheus 8

## **Physiotherapy**

Specialist physiotherapists on site

## Rheumatology

Diagnosis and management of disorders:

- Inflammation in the bones
- Inflammation of the muscles
- Inflammation of the Joints
- Inflammation of the Internal organs

## **Urology**

- BPH (benign prostatic Hyperplasia)
- Prostate screening
- Urinary incontinence
- Kidney stones
- Over active bladder
- Uro-Gynae
- Bulkamid

#### **Ultrasound**

- Heart
- Liver
- Spleen
- Blood vessels
- Gallbladder
- Uterus
- Ovaries
- Pancreas
- Kidneys
- Prostate
- Thyroid

They can also be used during pregnancy to assess the health of the developing baby, and can be used to help guide biopsies.

## **Vascular**

- Varicose vein surgery
- Varicose vein laser surgery
- Thread vein foam sclerotherapy
- Deep vein thrombosis
- Microsclerotherapy
- Vein avulation

#### Women's Health

- Endometriosis and pelvic pain
- Contraception
- Irregular bleeding
- Vulval disorders
- · Abnormal cervical smears
- Painful intercourse
- Ovarian cysts
- Ovarian cancer
- General gynaecological conditions
- Bulkamid
- Physiotherapy



# Pathology Service

Phoenix Pathology is part of Phoenix Hospital Group, We can provide a comprehensive diagnostic service offering routine and specialised tests in all disciplines.

The laboratory is scientifically led and equipped with the latest analysers, allowing us to provide accurate and fast results. All tests provided are enrolled in internationally recognised quality schemes.

Together with UKAS accredited laboratory partners, we provide a comprehensive diagnostic service offering routine and specialised blood tests in the following disciplines:

- Haematology
- Biochemistry
- Microbiology
- Endocrinology
- · Virology, Hepatitis and HIV
- Genetics
- Vitamins and Nutrition
- Cervical Screening
- Fertility
- Andrology
- Sexual Health
- Immunology and Tropical Immunology
- Tumour Markers
- Allergy
- Drugs of Abuse and Occupational Health
- Histopathology\*





We can collect your bloods for a rapid turn-around service.

For more information or you wish to have a contract with us and to request a regular sample pick-up at your practice, speak to Jo Taylor-Clancy on 01245 801234.

\*We also offer a fast turn-around service for Histopathology with MDT if required.

# **Directory of Consultants**

### Cardiology

Dr Henry Oluwasefunmi Savage

Consultant cardiologist and an expert in general cardiology, heart failure, and the implantation of complex cardiac rhythm devices.

Clinic: Weekly

## Dermatology

Dr Lathika Wickramasinghe

Consultant Dermatologist and skin cancer specialist

Clinic: Weekly

#### Dr Omair Hameed

Consultant Dermatologist and Mohs Micrographic Surgeon

Clinic: On request

#### Dietician

Mr Graeme Syme

Dietician and Endoscopist

Clinic: On request

## Ear, Nose and Throat

Mr Amro Hassan

Sinus surgery & Nose specialist

Clinic: On request

#### Mr Ahmed Eweiss

Sinus surgery & Nose specialist

Clinic: On request

### **Foot & Ankle**

Mr Ewan Kannegieter

Consultant Podiatric Surgeon provides effective, pain-relieving solutions for many foot and ankle conditions, including bunions, hammertoes, heel pain and many other foot issues.

Clinic: Weekly

#### Miss Suzanne Taylor

Consultant Podiatrist Wide range of foot problems, including arthritis affecting the foot, joint pain, skin lesions, heel pain, bunions, ingrowing toenails, toe problems/ hammer toes

Clinic: On request

## Gastroenterology

Mr Phillip Woodland

Gastro-oesophageal reflux disease (heartburn), Swallowing disorders, Dyspepsia, Irritable bowel syndrome, Irritable bowel disease

Clinic: On request

## **General surgery**

Mr Tan Arulampalam

Interests in PET, colorectal cancer and laparoscopic surgery
Clinic: On request

#### Mr Samer-ul Hague

General Surgery, Laparoscopic and Colorectal Surgery

## **Gynaecology**

Mrs Neerja Gupta

Endometriosis, General Gynaecology; Heavy/abnormal menstrual bleeding, Hysteroscopic and laparoscopic procedures (keyhole) Open surgery (laparotomy), Hysterectomy Pelvic pain, Ovarian cysts, Menopause, Pelvic wall prolapse, Recurrent miscarriages, Ultrasound scan for early pregnancy and gynaecological problems

Clinic: Alternate weeks

# **Directory of Consultants**

#### Mr Jitendra Gaunath Jadhav

Gynaecologist and Fertility Specialist Menstrual disorders; Heavy Menstural bleeding; Menorrhagia; Postmenopausal bleeding; Multiple miscarriage; Polycystic ovaries; Endometriosis; Ovarian Cysts; Prolapse; Endometrial Polyps; Pelvic Pain; Infertility; Assisted conception (ovulation induction) fertility and early pregnancy

Clinic: On request

#### Ms Sujatha Kalburgi

General Obstetrics and gynaecology Endometriosis, Laparoscopic total hysterectomy, menstrual disorders, outpatient hysteroscopy, pelvic pain

Clinic: On Request

#### Mr Ako Nnochiri

Endometriosis, Laparoscopic total hysterectomy, menstrual disorders, outpatient hysteroscopy, pelvic pain,vaginal prolapse repair and refashioning of perineal scars,urinary incontinence

Clinic: Weekly

#### Mr Philip Robarts

Consultant Gynaecologist Sub-fertility, Menstrual disorders (menorrhagia); Prolapse and Urogynaecology; Menopause problems, laparoscopic and hysteroscopic surgey

Clinic: Alternate weeks

## Hand and wrist

Mr Rohit Gupta

Hand and wrist complaints surgical and non-surgical.

Clinic: On request

#### Ms Rupinder Grewal

Surgery for the hand, wrist, elbow foot and ankle.

Clinic: On request

## Pain management

Dr Mark Alexander-Williams

Pain management consultant

#### Mr Shaishav Bhagat

Spinal injections Clinic: On request

#### Mr Chatenya Chauhan

Hip injections Clinic: Monthly

#### Professor Kevin Cheah

Pain Management consultant PRP

Injections

Clinic: On request

#### Dr Victor Mendis

Pain Management Consultant

Clinic: Fortnightly

#### **Plastics and cosmetics**

#### Mr Fateh Ahmad

Plastics, Reconstructive and Aesthetic

Surgeon

Clinic: On request

#### Mr Nigel Carver

Abdominoplasty, Breast uplift, breast reduction, Eyelid Correction, Facelifts, Inner Thigh Reduction, Liposuction, Labiaplasty, Prominent Ear Correction, Rhinoplasty, Upper arm Reduction

Clinic: Weekly

# **Directory of Consultants**

#### Mr Naguib El-Muttardi

Consultant plastic surgeon Clinic: Fortnightly

#### Professor James Frame

Consultant Plastic & Aesthetic Surgeon Upper and lower blepharoplasty (eyelids)

#### Mr Garrick Georgeu

All plastics including Breast, Abdomen, Body contouring, Facelift, Eyelid surgery,

Rhinoplasty

Clinic: Alternate weeks

#### Mr Matthew Griffiths

Plastic Surgery, Breast Reconstruction, Lymphoedema Surgery

Clinic: Fortnightly

#### Mr Bhagwat Mathur

Consultant plastic surgeon Clinic: Alternate weeks

#### Mr Adam Sierakowski

Cosmetic breast surgery, Body contouring, Surgery after weight loss, Anti-wrinkle injections, Cosmetic mole removal, Skin cancer surgery, Hand surgery, Reconstructive

Clinic: Alternate weeks

## **Radiologists**

#### Nik Sanoudos

Vascular Ultrasound. Lower limb Venous system, Carotid arteries, Varicose and Thread veins.

Clinic: On reques

Gynaecology and Musculoskeletal radiology

Clinic: On request

## **Specialists**

#### Rachel Hodgson

Physiotherapist specialising in back and foot pain

Clinic: Weekly
Alex Marassca

Hand Physiotherapist Clinic: On request

## Rheumatology

#### Dr Winwin Maw

Various rheumatological conditions, including Rheumatoid Arthritis and connective tissue disease

Clinic: On request

## Urology

### Mr Keng Ng

Bulkamid, Female Urology, Urinary Incontinence and Urodynamic, kidney stones, Endourology, Prostate disease

#### Mr Ranjan Thilagarajah

Female and male urology

### **Vascular**

#### Mr Tom Browne

vascular surgery, vascular system, venous surgery, endovascular surgery

#### Mr John Prionidis

Varicose Veins, minimally invasive ( keyhole) surgery, Lower limb revascularisation, Carotid artery disease, Abdominal Aortic Aneurysm repair,

Diabetic Foot Clinic: Weekly

## **Useful contacts**

#### **Gp referrals:**

phcgp@phoenixhospitalgroup.com

#### **Downloadable forms:**

www.phoenixhospitalgroup.com/healthcare-professionals

#### Main number:

01245 801234

#### Marketing and Relationship manager:

Jo Taylor-Clancy jo.taylor@phoenixhospitalgroup.com

### **Hospital Director:**

Natasha Browne natasha.browne@phoenixhospitalgroup.com







## Part of



Essex Healthcare Park, W Hanningfield Rd, Great Baddow, Chelmsford CM2 8FR

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