

M E N U



We appreciate that good food is an important part of your stay with us and your recovery. Whether you prefer a small light meal or something more substantial, our experienced chefs are here to prepare your choice of freshly cooked food. The timings of our dining service and our menu choices have been developed in response to our patients' feedback.

WEYMOUTH STREET
— HOSPITAL —

BREAKFAST

A CHOICE OF BREAKFAST

CEREALS (V)

Cornflakes, special K, porridge, bran flakes & weetabix

NATURAL & FRUIT YOGHURTS (V)

Natural, peach & strawberry

FRESHLY BAKED

CROISSANTS & PASTRIES (V)

FRESH CUT FRUIT (V)

FULL ENGLISH BREAKFAST

LUNCH

SERVED BETWEEN 11AM-3PM

STARTERS

HOMEMADE SOUP (S) (V)

Chicken broth (S), tomato and basil (V)
Leek and potato (V)

STUFFED AUBERGINE &

COURGETTE ROLL (V)

Pine nuts & feta cheese, olives and basil oil

THAI STYLE FISH CAKES

Dressed with tomato, sesame & coriander

MEZE PLATTER (V)

Baba ganoush, quinoa & feta tabbouleh, roasted red pepper houmous, olives & pitta

SIDE ORDERS (V)

Salad (V), Chips (V), Garlic bread (V)

MAINS

PASTA WITH A CHOICE OF

SAUCES

Vegetable lasagne, spaghetti or penne

Sauces: bolognaise, cherry tomato & pesto (V)
or four cheese (V)

TRADITIONAL COTTAGE PIE

Beef mince & vegetables topped with creamy mash potato

SAUSAGE & MASH

Pork sausages, home made mash & gravy

JACKET POTATO

With a selection of fillings served with a salad garnish, pickled red cabbage & coleslaw

Fillings: grated cheese (V) | baked beans (V) | chicken & smoked bacon | tuna, red onion & parsley mayonnaise | prawn cocktail

SANDWICHES

ALL SANDWICHES ARE SERVED WITH A SALAD GARNISH & CRISPS

Smoked chicken & avocado | Ham, cheese & apple chutney | Prawn, tomato & lime mayonnaise | Roasted beef, caramelized onion & cheddar cheese | Tuna, red onion & parsley mayonnaise | Houmous, grilled aubergine & cherry tomatoes (V) | Egg & cress (V) | Smoked salmon, cream cheese & cucumber

(S) - Soft (V) - Vegetarian **Gluten free** - on request

If you have any queries or any special dietary requirements, please let our Guest Support Team know when they come to take your order.

SALADS

BABY GEM CAESAR SALAD

Chicken, avocado & bacon with a caesar dressing & croutons

RED QUINOA, SNAP PEAS & PISTACHIOS SALAD (V)

Served with mixed leaves, mint and sesame & lemon dressing

GOATS CHEESE &

CRANBERRY SALAD (V)

Spinach leaves, cucumber and walnut with a balsamic reduction

SMOKED TROUT & THREE

BETROOT SALAD

Served with watercress

DINNER

SERVED BETWEEN 5-7PM

STARTERS

HOMEMADE SOUP

Chicken broth (S), tomato and basil (V)
Leek and potato (V)

STUFFED AUBERGINE &

COURGETTE ROLL (V)

Pine nuts, feta cheese, olives and basil oil

GOATS CHEESE & THREE

BETROOT (V)

Topped with rocket salad, mixed seeds & balsamic reduction

THAI STYLE FISH CAKES

Dressed with tomato, sesame & coriander

MAINS

LENTILS, BUTTERNUT

SQUASH & KALE (S) (V)

Topped with cranberry & pumpkin seeds

VEGETABLE LASAGNE (S) (V)

Spinach, red peppers, aubergine, courgettes, tomato and basil

PEA & BROCCOLI

RISOTTO (S) (V)

Classic Italian risotto finished with creamy butter & parmesan cheese

POACHED ORGANIC SALMON

Served with roasted jersey royals, English peas and smoked paprika butter

THAI RED CHICKEN

CURRY (S)

Accompanied with aromatic basmati rice, coriander & lime

ROASTED HAKE SUPREME

Served with green beans, butternut squash & basil

RIBEYE STEAK WITH

MUSHROOM RAGOUT

Served with chips & watercress

SIDE ORDERS

Salad (V), Chips (V), Garlic bread (V)

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DESSERTS

APPLE CRUMBLE (S) (V)

Served with vanilla ice cream

STICKY TOFFEE PUDDING (V)

Homemade, accompanied by cream

RICE PUDDING (V)

Served with fruit jam

FRESH FRUIT SALAD (V)

RASPBERRY PANNA

COTTA (S) (V)

Served with spiced fruits compote

CHEESE PLATE (V)

A combination of English and French cheese, with celery and fruit garnish

ICE CREAM, SORBET & JELLY

DRINKS

OFFERING A WIDE SELECTION OF DRINKS

WATER

A choice of still or sparkling water

TEA & COFFEE

Offering a variety of teas and coffees with your choice of milk

SMOOTHIES

We offer a variety of healthy smoothies

JUICES

A selection of chilled fruit juices

SNACKS

OFFERING A SELECTION OF SNACKS

BISCUITS

CRISPS

RAISINS

GRANOLA BARS

CHOCOLATE BARS

FRESH CUT FRUIT

A selection of freshly cut fruit

All of our ingredients are locally sourced and cooked to order. Halal and Kosher menus are also available and we can provide gluten and dairy free options as required. Please feel free to let us know if you have any other special dietary requirements and we will endeavour to provide it for you.

We are proud of our **5 Star** Food Hygiene rating and our patient feedback is always excellent. Our Head chef has achieved the highest food hygiene qualifications available and instills these high standards throughout his team.

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